

Flight Attendant Alcohol Use Screen

Routinely evaluate your alcohol use just as you would other health issues. Should you answer yes to any of the below questions, please follow up with your Flight Attendant peer with the Flight Attendant Drug and Alcohol Program (FADAP) at 855-33FADAP or www.fadap.org. Your conversations are confidential.

- ▶ Have you shown up for a flight hung-over in the past year?
- ▶ Have you bid a certain position to have easy access to alcohol in the past year?
- ▶ Have you drank alcohol past the cut off time in the past year?
- ▶ Felt bad or guilty about your drinking in the past year?
- ▶ Felt you should cut down on your drinking in the past year?
- ▶ Do you drink alcohol 4 or more times per week?
- ▶ Have you had 5 or more drinks on a typical day when you are drinking?



Flight Attendant Drug and Alcohol Program