

**9<sup>th</sup> Annual FADAP  
Conference Agenda**

**Monday, August 19, 2019**

2:00 p m – 8:00 p m		<b>Registration Desk Open, Building #3</b>
5:00 p m – 7:30 p m		<b>Dinner</b>
7:30 p m – 8:30 p m		<b>Open 12 Step “Wings of Sobriety” Meeting</b> Classroom #2
7:30 p m – 8:30 p m		<b>Open Al-Anon Meeting</b> A 302

**Tuesday, August 20, 2019**

7:00 a m – 5:30 p m	<b>Exhibits Open</b>	<b>Registration Desk Open, Building #3</b>
7:00 a m – 7:45 a m		<b>Meditation and Stretching</b> McArthur Stidom Classroom #2
6:30 a m – 8:30 a m		<b>Breakfast</b>
8:30 a m – 9:00 a m		<b>Welcome and Overview of the Flight Attendant Drug and Alcohol Program</b> Heather Healy, LCSW-C, CEAP, FADAP Manager Nicholas Lomangino, MD, FAA Deborah McCormick, LCDP, CEAP, FADAP Coordinator
9:00 a m – 10:30 a m S e s s i o n 1		<b>“Memo to Self: Protecting Sobriety with the Science of Safety”</b> Kevin McCauley, MD
10:30 a m – 10:50 a m		<b>Break</b>
10:50 a m – 12:20 p m S e s s i o n 2		<b>“My Flight into Recovery”</b> Panel of Recovering Flight Attendants
12:20 p m – 1:30 p m		<b>Lunch</b>
1:30 p m – 3:00 p m S e s s i o n 3		<b>“Legislative Trends in Mental Health”</b> Patrick Kennedy, former Congressman (D-RI)
3:00 p m – 3:20 p m		<b>Break</b>
3:20 p m – 4:50 p m S e s s i o n 4		<b>“Link Between Trauma and Addiction”</b> Johanna O’Flaherty, PhD, LADAC II
4:50 p m – 5:05 p m		<b>Closing Comments</b> Heather Healy, LCSW-C, CEAP, FADAP Manager Deborah McCormick, LCDP, CEAP, FADAP Coordinator

5:05 pm – 7:30 pm		<i>Dinner</i>
7:30 pm – 9:30 pm		<i>Entertainment-Ultra Nate Auditorium</i>

Wednesday, August 21, 2019

7:45 am – 5:30 pm	<b>Exhibits Open</b>	<i>Registration Desk Open, Building #3</i>
7:00 am – 7:45 am		<b>Meditation and Stretching</b> McArthur Stidom Classroom #2
6:30 am – 8:30 am		<i>Breakfast</i>
8:30 am – 8:45 am		<b>Welcome</b> Heather Healy, LCSW-C, CEAP, FADAP Manager Deborah McCormick, LCDP, CEAP, FADAP Coordinator
8:45 am – 10:15 am Session 5		<b>“Are Addictions Caused by Depression and Psychiatric Disorders or Vice Versa?”</b> Mark Gold, MD
10:15 am – 10:35 am		<i>Break</i>
10:35 am – 12:20 pm Session 6		<b>“Partnerships to Advance the Flight Attendant Well-Being”</b> PSA, Sun Country, United Airlines <i>*Updates-Alaska Airlines, Southwest Airlines</i>
12:20 pm – 1:30 pm		<i>Lunch</i>
1:30 pm – 3:00 pm Session 7		<b>“The Depths of Mercy in Recovery”</b> Jennifer Angier, MS, NCAC 11 Edwin McCain
3:00 pm – 3:20 pm		<i>Break</i>
3:20 pm – 4:50 pm Session 8.1		<b>“Flying for Peace: Using Your Gifts for Global Impact”</b> Sabrina N’Diaye, LCSW-C, PhD
3:20 pm – 4:50 pm Session 8.2		<i>By Invitation Only</i> <b>Flight Attendant Leadership/Management Workshop</b> <i>Facilitators</i> Nicholas Lomangino, MD, FAA Kevin McCauley, MD Classroom #2
4:50 pm – 5:05 pm	<b>Closing Comments</b> Heather Healy, LCSW-C, CEAP, FADAP Manager Deborah McCormick, LCDP, CEAP, FADAP Coordinator	

5:05 pm – 7:30 pm		<i>Dinner</i>
7:30 pm – 8:30 pm		Open 12 Step “Wings of Sobriety” Meeting Classroom #2
7:30 pm – 8:30 pm		Open Al-Anon Meeting A 302

Thursday, August 22, 2019

8:00 am – 12:30 pm		<i>Registration Desk Open, Building #3 Certificates of Attendance and Education Hours Awarded</i>
6:30 am – 8:30 am		<i>Breakfast</i>
8:30 am – 8:45 am	<b>Exhibits Open</b>	<b>Welcome</b> Heather Healy, LCSW-C, CEAP, FADAP Manager Deborah McCormick, LCDP, CEAP, FADAP Coordinator
8:45 am – 10:15 am Session 9		<b>“Gay Men and Crystal Meth”</b> Kamrin Carver, LMFT, CSAT
10:15 am – 10:35 am		<i>Break</i>
10:35 am – 12:05 pm Session 10		<b>“Anxiety, Sleeplessness and Weight Loss”</b> Mario San Bartolome, MD
12:05 pm – 12:20 pm		<b>Wrap Up/Closing Remarks</b> Heather Healy, LCSW-C, CEAP, FADAP Manager Deborah McCormick, LCDP, CEAP, FADAP Coordinator
12:20 pm		<i>Departures</i>